

Appendix

**UNITED ARAB EMIRATES**

The Ministry of Health  
Preventive Medicine Sector  
The Central Health Education Department  
&  
The Ministry of Education  
Educational Programs & Curriculum Sector  
Information, Statistics and Research Department

UAE

National Youth Tobacco Survey  
2001

Supervised by

The Eastern Mediterranean Regional Office – World Health Organization

The Executive Office of the Health Ministries of the GCC Countries

Office of Tobacco and Health – Centers for Disease Control and Prevention

**Dear Student,**

We thank you for accepting to participate in the National Tobacco Youth Survey, the results of which will help us in planning effectively to control the tobacco epidemic among community members and prevent the occurrence of smoking related diseases such as cancer and heart disease.

Please answer the questions sincerely and punctually, and we assure you that this information is classified and will be used in the context of scientific research and for planning purposes.

**Useful tips**

- ◆ Reach each and every question carefully
- ◆ Select one right answer, and darken the corresponding cell completely. In case you are not sure of the right answer you can select the closest one that you think is right.

**Correct**



**False**



**Example:**

<p>Does fish live in water</p> <p>A- Definitely not</p> <p>B- Probably not</p> <p>C- Definitely yes</p> <p>D- Probably yes</p>	<p>A B <input checked="" type="radio"/> D E F G H</p>
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**THE NEXT 18 QUESTIONS ASK ABOUT YOUR USE OF TOBACCO**

- 1. Have you ever tried or experienced with cigarette smoking, even one or two puffs?**  
A- Yes  
B- No
- 2. How old were you when you first tried a cigarette?**  
A- I have never smoked cigarettes  
B- 7 years old or younger  
C- 8 or 9 years old  
D- 10 or 11 years old  
E- 12 or 13 years old  
F- 14 or 15 years old  
G- 16 years old or older
- 3. During the past 30 days (one month), on how many days did you smoke cigarettes?**  
A- 0 days  
B- 1 or 2 days  
C- 3 to 5 days  
D- 6 to 9 days  
E- 10 to 19 days  
F- 20 to 29 days  
G- All 30 days
- 4. During the past 30 days (one month), on the days you smoked, how many cigarettes did you usually smoke?**  
A- I did not smoke cigarettes during the past 30 days (one month)  
B- Less than 1 cigarette per day  
C- 1 cigarette per day  
D- 2 to 5 cigarettes per day  
E- 6 to 10 cigarettes per day  
F- 11 to 20 cigarettes per day  
G- More than 20 cigarettes per day
- 5. During the past 30 days (one month), how did you usually get your own cigarettes? (SELECT ONLY ONE RESPONSE)**  
A- I did not smoke cigarettes during the past 30 days (one month)  
B- I bought them in a store, shop or from a street vendor  
C- I bought them from a vending machine  
D- I gave someone else money to buy them for me  
E- I borrowed them from someone else  
F- I stole them  
G- An older person gave them to me  
H- I got them some other way, specify: -----
- 6. During the past 30 days (one month), what brand of cigarettes did you usually smoke? (SELECT ONLY ONE RESPONSE)**  
**I did not smoke cigarettes during the past 30 days**  
No usual brand  
Marlboro  
Winston  
Camel  
KENT  
Rothmans  
Other, specify: -----

7. **How much do you usually pay for a pack of 20 cigarettes?**  
 A- I don't smoke cigarettes  
 B- I don't buy cigarettes, or I don't buy them in packs  
 C- Less than one Dirham  
 D- 1 to 2 Dirhams  
 E- 3 to 4 Dirhams  
 F- 5 to 6 Dirhams  
 G- 7 to 8 Dirhams  
 H- 9 to 10 Dirhams
8. **During the past 30 days (one month) how much do you think you spent on cigarettes?**  
 A- I don't smoke cigarettes  
 B- I don't buy my cigarettes  
 C- Less than 100 Dirhams  
 D- 100 to 199 Dirhams  
 E- 200 to 299 Dirhams  
 F- 300 to 399 Dirhams  
 G- 400 to 499 Dirhams  
 H- 500 Dirhams or more
9. **In a usual month (30 days) how much pocket money (allowance) do you get?**  
 A- I don't receive any pocket money (allowance)  
 B- Less than 100 Dirhams  
 C- 100 to 249 Dirhams  
 D- 250 to 399 Dirhams  
 E- 400 to 549 Dirhams  
 F- 550 to 699 Dirhams  
 G- 700 to 849 Dirhams  
 H- 850 Dirhams or more
10. **During the past 30 days (one month), did anyone ever refuse to sell you cigarettes because of your age?**  
 A- I did not try to buy cigarettes during the past 30 days (one month)  
 B- Yes, someone refused to sell me cigarettes because of my age  
 C- No, my age did not keep me from buying cigarettes
11. **Where do you usually smoke cigarettes? (SELECT ONLY ONE RESPONSE)**  
 A- I have never smoked cigarettes  
 B- At home  
 C- At school  
 D- At friend's houses  
 E- At social events  
 F- In public spaces (e.g. parks, shopping centers, street corners, coffee shops, cinemas, etc.)  
 G- In the school's or house's bathrooms  
 H- Other, specify:-----
12. **Have you ever tried or experienced with SHISHA (Hubble-Bubble) smoking, even one or two puffs?**  
 A- Yes  
 B- No

- 13. How old were you when you first tried a SHISHA (Hubble-Bubble)?**
- A- I have never smoked SHISHA (Hubble-Bubble)
  - B- 7 years old or younger
  - C- 8 or 9 years old
  - D- 10 or 11 years old
  - E- 12 or 13 years old
  - F- 14 or 15 years old
  - G- 16 years old or older
- 14. During the past 30 days (one month), on how many days did you smoke SHISHA (Hubble-Bubble)?**
- A- 0 days
  - B- 1 or 2 days
  - C- 3 to 5 days
  - D- 6 to 9 days
  - E- 10 to 19 days
  - F- 20 to 29 days
  - G- All 30 days
- 15. During the past 30 days (one month), on the days you smoked, how many SHISHA (Hubble-Bubble) heads did you usually smoke?**
- A- I did not smoke SHISHA (Hubble-Bubble) during the past 30 days (one month)
  - B- Less than 1 head per day
  - C- 1 head per day
  - D- 2 heads per day
  - E- 3 heads per day
  - F- 4 heads per day
  - G- 5 heads per day
  - H- 6 heads or more per day
- 16. Where do you usually smoke SHISHA (Hubble-Bubble)?  
(SELECT ONLY ONE RESPONSE)**
- A- I have never smoked SHISHA (Hubble-Bubble)
  - B- At home
  - C- At coffee shops
  - D- At friend's houses
  - E- At social events
  - F- In public spaces (e.g. parks, shopping centers, etc. )
  - G- At restaurants
  - H- Other, specify: -----
- 17. During the past 30 days (one month), have you ever used any form of tobacco products other than cigarettes or SHISHA (Hubble-Bubble), for example: cigars, pipe, little cigars, chewing tobacco, snuff, dip)?**
- A- yes
  - B- No
- 18. Do you ever have a cigarette or feel like having a cigarette first thing in the morning?**
- A- I have never smoked cigarettes
  - B- I no longer smoke cigarettes
  - C- No, I don't have or feel like having a cigarette first thing in the morning
  - D- Yes, I sometimes have or feel like having a cigarette first thing in the morning
  - E- Yes, I always have or feel like having a cigarette first thing in the morning

**THE NEXT 17 QUESTIONS ASK ABOUT YOUR KNOWLEDGE AND ATTITUDES  
TOWARD TOBACCO.**

- 19. Do your parents smoke?**  
A- None  
B- Both  
C- Father only  
D- Mother only  
E- I don't know
- 20. If one of your best friends offered you a cigarette, would you smoke it?**  
A- Definitely not  
B- Probably not  
C- Probably yes  
D- Definitely yes
- 21. Has anyone in your family discussed the harmful effects of smoking with you?**  
A- yes  
B- No
- 22. At any time during the next 12 months do you think you will smoke a cigarette?**  
A- Definitely not  
B- Probably not  
C- Probably yes  
D- Definitely yes
- 23. Do you think you will be smoking cigarettes 5 years from now?**  
A- Definitely not  
B- Probably not  
C- Probably yes  
D- Definitely yes
- 24. Once someone has started smoking, do you think it would be difficult to quit?**  
A- Definitely not  
B- Probably not  
C- Probably yes  
D- Definitely yes
- 25. Do you think boys who smoke cigarettes have more or less friends?**  
A- More friends  
B- Less friends  
C- No difference from non-smokers
- 26. Do you think girls who smoke cigarettes have more or less friends?**  
A- More friends  
B- Less friends  
C- No difference from non-smokers
- 27. Does smoking cigarettes help people feel more or less comfortable at celebrations, parties, or other social gatherings?**  
A- More comfortable  
B- Less comfortable  
C- No difference from non-smokers

28. **Do you think smoking cigarettes makes boys look more or less attractive?**  
A- More attractive  
B- Less Attractive  
C- No difference from non-smokers
29. **Do you think smoking cigarettes makes girls look more or less attractive?**  
A- More attractive  
B- Less Attractive  
C- No difference from non-smokers
30. **Do you think that smoking cigarettes makes you gain or lose weight?**  
A- Gain weight  
B- Loss weight  
C- No Difference from non-smokers
31. **Do you think that smoking cigarettes is harmful to your health?**  
A- Definitely not  
B- Probably not  
C- Probably yes  
D- Definitely yes
32. **Do any of your closest friends smoke cigarettes?**  
A- None of them  
B- Some of them  
C- Most of them  
D- All of them
33. **When you see a man smoking, what do you think of him?**  
**(SELECT ONLY ONE RESPONSE)**  
A- Lacks confidence  
B- Stupid  
C- Loser  
D- Successful  
E- Intelligent  
F- Macho  
G- Confident  
H- Not following his religious teachings
34. **When you see a woman smoking, what do you think of her?**  
**(SELECT ONLY ONE RESPONSE)**  
A- Lacks confidence  
B- Stupid  
C- Loser  
D- Successful  
E- Intelligent  
F- Sophisticated  
G- Confident  
H- Not following her religious teachings
35. **Do you think it is safe to smoke for only a year or two as long as you quit after that?**  
A- Definitely not  
B- Probably not  
C- Probably yes  
D- Definitely yes

**THE NEXT 4 QUESTIONS ASK ABOUT YOUR EXPOSURE TO OTHER PEOPLE'S SMOKING**

- 36. Do you think the smoke from other people's cigarettes is harmful to you?**  
A- Definitely not  
B- Probably not  
C- Probably yes  
D- Definitely yes
- 37. During the past 7 days, on how many days have people smoked in your home, in your presence?**  
A- 0 days  
B- 1 to 2 days  
C- 3 to 4 days  
D- 5 to 6 days  
E- 7 days
- 38. During the past 7 days, on how many days have people smoked in your presence, in places other than in your home?**  
A- 0 days  
B- 1 to 2 days  
C- 3 to 4 days  
D- 5 to 6 days  
E- 7 days
- 39. Are you in favor of banning smoking in public places (such as in restaurants, in buses, streetcars, and trains, in schools, on playgrounds, in gyms and sports arenas, in pubs and discos)?**  
A- Yes  
B- No

**THE NEXT 6 QUESTIONS ASK ABOUT YOUR ATTITUDES TOWARD STOPPING SMOKING**

- 40. Do you want to stop smoking now?**  
A- I have never smoked cigarettes  
B- I do not smoke now  
C- Yes  
D- No
- 41. During the past year, have you ever tried to stop smoking cigarettes?**  
A- I have never smoked cigarettes  
B- I did not smoke during the past year  
C- Yes  
D- No
- 42. How long ago did you stop smoking?**  
A- I have never smoked cigarettes  
B- I have not stopped smoking  
C- 1-3 months  
D- 4-6 months  
E- 7-9 months  
F- One year  
G- Two years  
H- 3 years or longer

43. **What was the main reason you decided to stop smoking?**  
(SELECT ONE RESPONSE ONLY)
- A- I have never smoked cigarettes
  - B- I have not stopped smoking
  - C- To improve my health
  - D- To save money
  - E- Because my family does not like it
  - F- Because my friends don't like it
  - G- Because it is against my religious teachings
  - H- Other, specify: -----
44. **Do you think you would be able to stop smoking if you wanted to?**
- A- I have never smoked cigarettes
  - B- I have already stopped smoking cigarettes
  - C- Yes
  - D- No
45. **Have you ever received help or advice to help you stop smoking?**  
(SELECT ONLY ONE RESPONSE)
- A- I have never smoked cigarettes
  - B- Yes, from a program or professional
  - C- Yes, from a friend
  - D- Yes, from a family member
  - E- Yes, from both programs or professionals and from friends or family members
  - F- None
  - G- Other, specify: -----

THE NEXT 9 QUESTIONS ASK ABOUT YOUR KNOWLEDGE OF MEDIA MESSAGES ABOUT SMOKING

46. **During the past 30 days (one month), how many anti-smoking media messages (e.g., television, radio, billboards, posters, newspapers, magazines, and movies) have you seen or heard?**
- A- A lot
  - B- A few
  - C- None
47. **When you go to sports events, fairs, concerts, community events, or social gatherings, how often do you see anti-smoking messages?**
- A- I never go to sports events, fairs, concerts, community events, or social gatherings
  - B- A lot
  - C- A few
  - D- None
48. **When you watch TV, videos, DVD's or movies, how often do you see actors smoking?**
- A- I never watch TV, videos, DVD's or movies
  - B- A lot
  - C- Sometimes
  - D- Never
49. **Do you have something (t-shirt, pen, backpack, etc.) with a cigarette brand logo on it?**
- A- yes
  - B- No

50. **During the past 30 days (one month), when you watched sports events or other programs on TV how often did you see cigarette brand names?**  
A- I never watch TV  
B- A lot  
C- Sometimes  
D- Never
51. **During the past 30 days (one month), how many advertisements for cigarettes have you seen on billboards?**  
A- A lot  
B- A few  
C- None
52. **During the past 30 days (one month), how many advertisements or promotions for cigarettes have you seen in newspapers or magazines?**  
A- A lot  
B- A few  
C- None
53. **When you go to sports events, fair, concerts, or community events, how often do you see advertisements for cigarettes?**  
A- I never attend sports events, fairs, concerts, or community events  
B- A lot  
C- Sometimes  
D- Never
54. **Has a cigarette representative ever offered you a free cigarette?**  
A- Yes  
B- No

THE NEXT 4 QUESTIONS ASK ABOUT WHAT YOUY WERE TAUGHT ABOUT SMOOKING IN SCHOOL

55. **During this school year, were you taught in any of your classes about the danger of smoking?**  
A- Yes  
B- No  
C- Not sure
56. **During this school year, did you discuss in any of your classes the reasons why people your age smoke?**  
A- Yes  
B- No  
C- Not sure
57. **During this school year, were you taught in any of your classes about the effects of smoking like it makes your teeth yellow, causes wrinkles, or makes you smell bad?**  
A- Yes  
B- No  
C- Not sure

**58.How long ago did you last discuss smoking and health as part of a lesson?**

- A- Never
- B- This term
- C- Last term
- D- 2 terms ago
- E- 3 terms ago**
- F- More than a year ago

**THE LAST 4 QUESTIONS ASK FOR SOME BACKGROUND INFORMATION ABOUT YOURSELF**

**59.How old are you?**

- A- 11 years old or younger
- B- 12 years old
- C- 13 years old
- D- 14 years old
- E- 15 years old
- F- 16 years old
- G- 17 years old or older

**60.What is your sex?**

- A- Male
- B- Female

**61.In what grade are you?**

- A- 1<sup>st</sup> Intermediate (7<sup>th</sup> grade)
- B- 2<sup>nd</sup> Intermediate (8<sup>th</sup> grade)
- C- 3<sup>rd</sup> Intermediate (9<sup>th</sup> grade)
- D- 1<sup>st</sup> Secondary (10<sup>th</sup> grade)

**62.What is your nationality?**

- A- UAE or other Gulf states and Yemen
- B- Lebanon, Syria, Jordan, Palestine or Iraq
- C- North Africa (Egypt, Sudan, Tunis, Morocco, Algeria, Libya, Mauritania, etc.)
- D- South East Asia (India, Pakistan, Bangladesh, Sri Lanka, Philippines, Indonesia, etc.)
- E- European/American
- F- Other, Specify: -----